

# Proclamation

## Recognizing November as National Diabetes Awareness Month

**WHEREAS**, National Diabetes Awareness Month is observed annually throughout the month of November to raise awareness about the prevalence, risks, and management of diabetes; and

**WHEREAS**, Diabetes affects 38.4 million people, 11.6% of the population in the United States, and is a serious disease for which there is no known cure, and is the eighth leading cause of death by disease in the United States; and

**WHEREAS**, 1 in 5 people do not know they have the disease; and

**WHEREAS**, both people with diagnosed and undiagnosed diabetes may experience adverse outcomes, including heart problems, kidney disease, severe nerve pain (neuropathy), and blindness; and

**WHEREAS**, approximately 98 million American adults have pre-diabetes, a condition which puts them at greater risk for developing Type 2 diabetes, and if current trends continue, 1 in 3 American adults will have diabetes by 2050; and

**WHEREAS**, type 1 diabetes (T1D) is an autoimmune disease in which the body's immune system destroys the insulin-producing cells in the pancreas, leaving individuals unable to produce insulin, a hormone essential for converting food into energy. Its exact cause remains unclear, with no currently known way to prevent or cure T1D, and those affected must monitor their blood sugar and administer insulin daily to survive; and

**WHEREAS**, Diabetes has many faces, affecting everyone, young and old alike - Caucasians, African Americans, Latinos, Native Americans, Asian Americans, and Pacific Islanders, with many underserved populations in the United States having an increased risk for developing type 2 diabetes; and

**WHEREAS**, an increase in community awareness of risk factors and symptoms related to diabetes can improve the likelihood that people with diabetes will get the care they need before suffering the devastating complications of the disease.

**NOW, THEREFORE, BE IT PROCLAIMED, THAT I**, Jason F. Cilento, Mayor of the Borough of Dunellen, do hereby proclaim the month of November 2025 to be Diabetes Awareness Month in the Borough of Dunellen and encourage all residents to learn about the signs and risk factors of diabetes, support awareness efforts, and take proactive steps towards early detection.



Jason F. Cilento, Mayor  
Borough of Dunellen  
November 3, 2025